



ΙΕΡΟΣ ΝΑΟΣ ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ
SAINT DEMETRIOS
GREEK ORTHODOX CHURCH + UPPER DARBY, PA



METROPOLIS OF
NEW JERSEY

REV. GREGORY GILBERT · PRESIDING PRIEST
FRGRIGORIS@GMAIL.COM

229 POWELL LANE · UPPER DARBY, PA 19082
TELEPHONE: 610.352.7212

17 ΙΟΥΝΙΟΥ · JUNE 2018

Γ' ΚΥΡΙΑΚΗ ΜΑΤΘΑΙΟΥ · 3RD SUNDAY OF MATTHEW

ΙΣΑΥΡΟΥ ΚΑΙ ΤΩΝ ΣΥΝ ΑΥΤΩ ΜΑΡΤΥΡΩΝ · MARTYRS ISAVROS & COMPANIONS

ΜΑΝΟΥΗΛ, ΣΑΒΗΛ, ΚΑΙ ΙΣΜΑΗΛ ΜΑΡΤΥΡΩΝ · MARTYRS MANUEL, SABEL, & ISHMAEL

Χρόνια πολλά στοὺς Πατέρες μας!

Many Years to all our Fathers!

ΠΡΟΓΡΑΜΜΑ ΑΚΟΛΟΥΘΙΩΝ · SCHEDULE OF SERVICES

ΓΕΝΕΘΛΙΟΝ ΤΟΥ ΠΡΟΔΡΟΜΟΥ · NATIVITY OF ST. JOHN THE BAPTIST

Κυριακή, 24 Ιουνίου
Sunday, 24 June

Ὅρθρος 8.45 π.μ. · Θεία Λειτουργία 10.00 π.μ.
Orthros 8.45 a.m. · Divine Liturgy 10.00 a.m.

ΑΠΟΣΤΟΛΩΝ ΠΕΤΡΟΥ ΚΑΙ ΠΑΥΛΟΥ · APOSTLES PETER & PAUL

Παρασκευή, 29 Ιουνίου
Friday, 29 June

Ὅρθρος 9.00 π.μ. · Θεία Λειτουργία 10.00 π.μ.
Orthros 9.00 a.m. · Divine Liturgy 10.00 a.m.

AT THE ENTRANCE OF THE GOSPEL WE SING

ΑΝΑΣΤΑΣΙΜΟΝ, ΗΧΟΣ Α'

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἡ
Ζωὴ ἡ ἀθάνατος, τότε τὸν Ἄϊδην
ἐνέκρωσας τῇ ἀστραπῇ τῆς Θεότητος,
ὅτε δὲ καὶ τοὺς τεθνεῶτας ἐκ τῶν
καταχθονίων ἀνέστησας, πᾶσαι αἱ
δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον·
Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν δόξα σοι.

RESURRECTIONAL, MODE I

When You descended unto death, O
Lord who yourself are immortal Life,
then did You mortify Hades by the
lightning flash of Your Divinity. Also
when You raised the dead from the
netherworld, all the Powers of the
heavens were crying out: O Giver of
life, Christ our God, glory to You.

ΤΟΥ ΝΑΟΥ, ΗΧΟΣ Γ΄

Μέγαν εὔρατο ἐν τοῖς κινδύνοις σέ
ὑπέρμαχον ἢ οἰκουμένη, Ἀθλοφόρε, τὰ
ἔθνη τροπούμενον. Ὡς οὖν Λυαίου
καθεῖλες τὴν ἔπαρσιν, ἐν τῷ σταδίῳ
θαρρύνας τὸν Νέστορα, οὕτως Ἅγιε,
Μεγαλομάρτυς Δημήτριε, Χριστὸν τὸν
Θεὸν ἱκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα
ἔλεος.

ΚΟΝΤΑΚΙΟΝ, ΗΧΟΣ Β΄

Προστασία τῶν Χριστιανῶν
ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν
Ποιητὴν ἀμετάθετε, μὴ παρίδης,
ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ
πρόφθασον, ὡς ἀγαθή, εἰς τὴν
βοήθειαν ἡμῶν, τῶν πιστῶς
κραυγαζόντων σοι. Τάχυνον εἰς
πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ
προστατεύουσα ἀεὶ, Θεοτόκε, τῶν
τιμώντων σε.

FOR OUR PATRON SAINT, MODE III

All the world has you, its mighty
champion, fortifying us in times of
danger, and defeating our foes, O
Victorious One. So, as you humbled
Lyaïos's arrogance by giving courage to
Nestor in the stadium, thus, O
holy Great Martyr Demetrios, to Christ
our God pray fervently, beseeching
Him to grant us His great mercy.

ΚΟΝΤΑΚΙΟΝ, MODE II

O Protection of Christians that never
falls, intercession with the Creator that
never fails, we sinners beg you, do not
ignore the voices of our prayers. O
good Lady, we implore you, quickly
come unto our aid, when we cry out to
you with faith. Hurry to intercession,
and hasten to supplication, O
Theotokos who protect now and ever
those who honor you.

READING FROM THE APOSTLE: ROMANS 5.1-10

Προκείμενον· Ἰσχύς μου καὶ ὕμνησίς μου ὁ Κύριος, καὶ ἐγένετό μοι εἰς σωτηρίαν.

Στίχος· Παιδεύων ἐπαίδευσέ με ὁ Κύριος, καὶ τῷ θανάτῳ οὐ παρέδωκέ με.

Ἀδελφοί, δικαιωθέντες ἐκ πίστεως εἰρήνην ἔχομεν πρὸς τὸν Θεὸν διὰ τοῦ Κυρίου
ἡμῶν Ἰησοῦ Χριστοῦ, δι' οὗ καὶ τὴν προσαγωγὴν ἐσχήκαμεν τῇ πίστει εἰς τὴν χάριν
ταύτην ἐν ἣ ἐστήκαμεν, καὶ καυχώμεθα ἐπ' ἐλπίδι τῆς δόξης τοῦ Θεοῦ. Οὐ μόνον
δέ, ἀλλὰ καὶ καυχώμεθα ἐν ταῖς θλίψεσιν, εἰδότες ὅτι ἡ θλίψις ὑπομονὴν
κατεργάζεται, ἡ δὲ ὑπομονὴ δοκιμὴν, ἡ δὲ δοκιμὴ ἐλπίδα· ἡ δὲ ἐλπίς οὐ
καταισχύνει, ὅτι ἡ ἀγάπη τοῦ Θεοῦ ἐκκέχυται ἐν ταῖς καρδίαις ἡμῶν διὰ Πνεύματος
ἀγίου τοῦ δοθέντος ἡμῖν· ἔτι γὰρ Χριστὸς ὢντων ἡμῶν ἀσθενῶν ἔτι κατὰ καιρὸν
ὑπὲρ ἀσεβῶν ἀπέθανεν. Μόλις γὰρ ὑπὲρ δικαίου τις ἀποθανεῖται· ὑπὲρ γὰρ τοῦ
ἀγαθοῦ τάχα τις καὶ τολμᾷ ἀποθανεῖν· συνίστησιν δὲ τὴν ἑαυτοῦ ἀγάπην εἰς ἡμᾶς ὁ
Θεὸς ὅτι ἔτι ἀμαρτωλῶν ὢντων ἡμῶν Χριστὸς ὑπὲρ ἡμῶν ἀπέθανεν. Πολλῷ οὖν
μᾶλλον δικαιωθέντες νῦν ἐν τῷ αἵματι αὐτοῦ σωθησόμεθα δι' αὐτοῦ ἀπὸ τῆς
ὀργῆς. Εἰ γὰρ ἐχθροὶ ὄντες κατηλλάγημεν τῷ Θεῷ διὰ τοῦ θανάτου τοῦ υἱοῦ αὐτοῦ,
πολλῷ μᾶλλον καταλλαγέντες σωθησόμεθα ἐν τῇ ζωῇ αὐτοῦ.

Prokeimenon: *The Lord is my strength and my song, and He became my salvation.*

Verse: *The Lord chastened and corrected me, but He did not give me up to death.*

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

READING FROM THE GOSPEL: MATTHEW 4.18-23

Εἶπεν ὁ Κύριος· Ὁ λύχνος τοῦ σώματός ἐστιν ὁ ὀφθαλμός· ἐὰν οὖν ὁ ὀφθαλμός σου ἀπλοῦς ᾖ, ὅλον τὸ σῶμά σου φωτεινὸν ἔσται· ἐὰν δὲ ὁ ὀφθαλμός σου πονηρὸς ᾖ, ὅλον τὸ σῶμά σου σκοτεινὸν ἔσται. εἰ οὖν τὸ φῶς τὸ ἐν σοὶ σκότος ἐστί, τὸ σκότος πόσον; Οὐδεὶς δύναται δυοὶ κυρίοις δουλεύειν· ἢ γὰρ τὸν ἓνα μισήσει καὶ τὸν ἕτερον ἀγαπήσει, ἢ ἐνὸς ἀνθέξεται καὶ τοῦ ἑτέρου καταφρονήσει· οὐ δύνασθε Θεῷ δουλεύειν καὶ μαμωνᾷ. Διὰ τοῦτο λέγω ὑμῖν, μὴ μεριμνᾶτε τῇ ψυχῇ ὑμῶν τί φάγητε καὶ τί πίνητε, μηδὲ τῷ σώματι ὑμῶν τί ἐνδύσησθε· οὐχὶ ἡ ψυχὴ πλεϊόν ἐστιν τῆς τροφῆς καὶ τὸ σῶμα τοῦ ἐνδύματος; ἐμβλέψατε εἰς τὰ πετεινὰ τοῦ οὐρανοῦ, ὅτι οὐ σπεύρουσιν οὐδὲ θερίζουσιν οὐδὲ συνάγουσιν εἰς ἀποθήκας, καὶ ὁ πατὴρ ὑμῶν ὁ οὐράνιος τρέφει αὐτά· οὐχ ὑμεῖς μᾶλλον διαφέρετε αὐτῶν; τίς δὲ ἐξ ὑμῶν μεριμνῶν δύναται προσθεῖναι ἐπὶ τὴν ἡλικίαν αὐτοῦ πῆχυν ἓνα; καὶ περὶ ἐνδύματος τί μεριμνᾶτε; καταμάθετε τὰ κρίνα τοῦ ἀγροῦ πῶς αὐξάνει· οὐ κοπιᾷ οὐδὲ νήθει· λέγω δὲ ὑμῖν ὅτι οὐδὲ Σολομὼν ἐν πάσῃ τῇ δόξῃ αὐτοῦ περιεβάλετο ὡς ἓν τούτων. Εἰ δὲ τὸν χόρτον τοῦ ἀγροῦ, σήμερον ὄντα καὶ αὔριον εἰς κλίβανον βαλλόμενον, ὁ Θεὸς οὕτως ἀμφιέννυσιν, οὐ πολλῶ μᾶλλον ὑμᾶς, ὀλιγόπιστοι; μὴ οὖν μεριμνήσητε λέγοντες, τί φάγωμεν ἢ τί πίωμεν ἢ τί περιβαλώμεθα; πάντα γὰρ ταῦτα τὰ ἔθνη ἐπιζητεῖ· οἶδεν γὰρ ὁ πατὴρ ὑμῶν ὁ οὐράνιος ὅτι χρήζετε τούτων ἀπάντων. ζητεῖτε δὲ πρῶτον τὴν βασιλείαν τοῦ Θεοῦ καὶ τὴν δικαιοσύνην αὐτοῦ, καὶ ταῦτα πάντα προστεθήσεται ὑμῖν.

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well."



REGISTER NOW

VACATION CHURCH SCHOOL

ST. DEMETRIOS GREEK
ORTHODOX CHURCH
229 POWELL LANE
UPPER DARBY, PA 19082

JUNE 25 – JUNE 29

9AM – 2PM

(includes optional basketball instruction
and games from 12:30pm – 2pm)

AGES 5 – 12

\$75 fee for one child

\$50 for second child

\$25 each additional child

(snack and lunch provided)

PLEASE REGISTER BY JUNE 18TH

For more information email:

Iliana Giouvannoulis at

ilianagiouva@verizon.net

The Twelve Great Feasts, Volume I: Feasts of the Theotokos

CRAFTS MUSIC LESSONS WORSHIP ACTIVITIES SNACKS GAMES DAILY ASSEMBLIES