



ΙΕΡΟΣ ΝΑΟΣ ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ
Saint Demetrios
GREEK ORTHODOX CHURCH + UPPER DARBY, PA



METROPOLIS OF
NEW JERSEY

REV. GREGORY GILBERT · PRESIDING PRIEST
FRGRIGORIS@GMAIL.COM

229 POWELL LANE · UPPER DARBY, PA 19082
TELEPHONE: 610.352.7212

29 ΙΟΥΛΙΟΥ · JULY 2018

Θ΄ ΚΥΡΙΑΚΗ ΜΑΤΘΑΙΟΥ · 9TH SUNDAY OF MATTHEW

THE HOLY MYRRHBEARER & EQUAL TO THE APOSTLES, MARY MAGDALENE

ΤΟΥ ΑΓΙΟΥ ΜΑΡΤΥΡΟΣ ΚΑΛΛΙΝΙΚΟΥ · HOLY MARTYR KALLINIKOS

ΠΡΟΓΡΑΜΜΑ ΑΚΟΛΟΥΘΙΩΝ · SCHEDULE OF SERVICES

ΠΑΡΑΚΛΗΣΙΣ ΕΙΣ ΤΗΝ ΥΠΕΡΑΓΙΑΝ ΘΕΟΤΟΚΟΝ · Supplication to All-Holy Theotokos

Τετ.-Παρ., 1-3 Αύγουστου Παράκλησις 6.00 μ.μ. (Καθ' ἡμέραν)
Wed.-Fri., 1-3 August Paraklesis 6.00 p.m. (Daily)

Ι΄ ΚΥΡΙΑΚΗ ΜΑΤΘΑΙΟΥ · 10TH SUNDAY OF MATTHEW

Κυριακή, 5 Αύγουστου Ὕρθρος 8.45 π.μ. · Θεία Λειτουργία 10.00 π.μ.
Sunday, 5 August Orthros 8.45 a.m. · Divine Liturgy 10.00 a.m.

ΜΕΤΑΜΟΡΦΩΣΙΣ ΤΟΥ ΣΩΤΗΡΟΣ · TRANSFIGURATION OF OUR SAVIOR

Κυριακή, 5 Αύγουστου Ἑσπερινός 6.00 μ.μ.
Sunday, 5 August Vespers 6.00 p.m.

Δευτέρα, 6 Αύγουστου Ὕρθρος 9.00 π.μ. · Θεία Λειτουργία 10.00 π.μ.
Sunday, 5 August Orthros 9.00 a.m. · Divine Liturgy 10.00 a.m.

AT THE ENTRANCE OF THE GOSPEL WE SING

ΑΝΑΣΤΑΣΙΜΟΝ, ΠΛΑΓΙΟΣ Δ΄

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος,
ταφήν κατεδέξω τριήμερον, ἵνα ἡμᾶς
ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ
ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

ΤΟΥ ΝΑΟΥ, ΗΧΟΣ Γ΄

Μέγαν εὐρατο ἐν τοῖς κινδύνοις σὲ
ὑπέρμαχον ἢ οἰκουμένη, Ἀθλοφόρε,
τὰ ἔθνη τροπούμενον. Ὡς οὖν
Λυαίου καθεῖλες τὴν ἔπαρσιν, ἐν τῷ
σταδίῳ θαρρύνας τὸν Νέστορα,
οὕτως Ἅγιε, Μεγαλομάρτυς
Δημήτριε, Χριστὸν τὸν Θεὸν ἰκέτευε,
δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

ΚΟΝΤΑΚΙΟΝ, ΗΧΟΣ ΒΑΡΥΣ

Ἐπὶ τοῦ ὄρους μετεμορφώθης, καὶ ὡς
ἐχώρουν οἱ Μαθηταί σου τὴν δόξαν
σου, Χριστὲ ὁ Θεὸς ἐθεάσαντο, ἵνα
ὅταν σε ἴδωσι σταυρούμενον, τὸ μὲν
πάθος νοήσωσιν ἐκούσιον, τῷ δὲ
κόσμῳ κηρύξωσιν, ὅτι σὺ ὑπάρχεις
ἀληθῶς, τοῦ Πατρὸς τὸ ἀπαύγασμα.

RESURRECTIONAL, PLAGAL IV

You descended from on high, O
compassionate One, and
condescended to be buried for three
days, so that from the passions You
might set us free. Our life and
resurrection, O Lord, glory be to You.

FOR OUR PATRON SAINT, MODE III

All the world has you, its mighty
champion, fortifying us in times of
danger, and defeating our foes, O
Victorious One. So, as you humbled
Lyaious's arrogance by giving courage
to Nestor in the stadium, thus, O
holy Great Martyr Demetrios, to
Christ our God pray fervently,
beseeching Him to grant us His great
mercy.

ΚΟΝΤΑΚΙΟΝ, GRAVE MODE

Upon the mountain were You
transfigured, and Your disciples
beheld Your glory as far as they were
able, O Christ our God; so that when
they would see You crucified they
might understand that Your Passion
was deliberate, and declare to the
world that in truth You are the
Father's radiance.

READING FROM THE APOSTLE: 1 CORINTHIANS 3.9-17

Προκείμενον· Εὔξασθε καὶ ἀπόδοτε Κυρίῳ τῷ Θεῷ ἡμῶν.

Στίχος· Γνωστὸς ἐν τῇ Ἰουδαίᾳ ὁ Θεός, ἐν τῷ Ἰσραὴλ μέγα τὸ ὄνομα αὐτοῦ.

Ἀδελφοί, Θεοῦ ἐσμεν συνεργοί· Θεοῦ γεώργιον, Θεοῦ οἰκοδομή ἐστε. Κατὰ τὴν χάριν τοῦ Θεοῦ τὴν δοθεῖσάν μοι ὡς σοφὸς ἀρχιτέκτων θεμέλιον ἔθηκα, ἄλλος δὲ ἐποικοδομεῖ· ἕκαστος δὲ βλεπέτω πῶς ἐποικοδομεῖ· θεμέλιον γὰρ ἄλλον οὐδεὶς δύναται θεῖναι παρὰ τὸν κείμενον, ὅς ἐστιν Ἰησοῦς Χριστός. Εἰ δέ τις ἐποικοδομεῖ ἐπὶ τὸν θεμέλιον τοῦτον, χρυσόν, ἄργυρον, λίθους τιμίους, ξύλα, χόρτον, καλάμην, ἑκάστου τὸ ἔργον φανερόν γενήσεται· ἡ γὰρ ἡμέρα δηλώσει· ὅτι ἐν πυρὶ ἀποκαλύπτεται· καὶ ἑκάστου τὸ ἔργον ὁποῖόν ἐστιν τὸ πῦρ δοκιμάσει. Εἴ τις τὸ ἔργον μενεῖ ὃ ἐπωκοδόμησεν, μισθὸν λήψεται· εἴ τις τὸ ἔργον κατακαήσεται, ζημιωθήσεται, αὐτὸς δὲ σωθήσεται, οὕτως δὲ ὡς διὰ πυρός. Οὐκ οἶδατε ὅτι ναὸς Θεοῦ ἐστε καὶ τὸ πνεῦμα τοῦ Θεοῦ οἰκεῖ ἐν ὑμῖν; εἴ τις τὸν ναὸν τοῦ Θεοῦ φθείρει, φθερεῖ τοῦτον ὁ Θεός· ὁ γὰρ ναὸς τοῦ Θεοῦ ἅγιός ἐστιν, οἵτινές ἐστε ὑμεῖς.

Prokeimenon: Pray and return to the Lord Your God.

Verse: In Judah God is known; His name is great in Israel.

Brethren, we are God's fellow workers; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder, I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can any one lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay, straw—each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If any one destroys God's temple, God will destroy him. For God's temple is holy, and that temple you are.

READING FROM THE GOSPEL: MATTHEW 5.14-19

Τῷ καιρῷ ἐκείνῳ ἠνάγκασεν ὁ Ἰησοῦς τοὺς μαθητὰς αὐτοῦ ἐμβῆναι εἰς τὸ πλοῖον καὶ προάγειν αὐτὸν εἰς τὸ πέραν, ἕως οὗ ἀπολύσῃ τοὺς ὄχλους. καὶ ἀπολύσας τοὺς ὄχλους ἀνέβη εἰς τὸ ὄρος κατ' ἰδίαν προσεύξασθαι. ὁψίας δὲ γενομένης μόνος ἦν ἐκεῖ. τὸ δὲ πλοῖον ἤδη μέσον τῆς θαλάσσης ἦν, βασανιζόμενον ὑπὸ τῶν κυμάτων· ἦν γὰρ ἐναντίος ὁ ἄνεμος. τετάρτη δὲ φυλακῇ τῆς νυκτὸς ἀπῆλθε πρὸς αὐτοὺς ὁ Ἰησοῦς περιπατῶν ἐπὶ τῆς θαλάσσης. καὶ ἰδόντες αὐτὸν οἱ δὲ μαθηταὶ ἐπὶ τὴν θάλασσαν περιπατοῦντα ἐταράχθησαν λέγοντες ὅτι φάντασμα ἔστι, καὶ ἀπὸ τοῦ φόβου ἔκραξαν. εὐθέως δὲ ἐλάλησεν αὐτοῖς ὁ Ἰησοῦς λέγων· Θαρσεῖτε, ἐγὼ εἰμι· μὴ φοβεῖσθε. ἀποκριθεὶς δὲ αὐτῷ ὁ Πέτρος εἶπε· Κύριε, εἰ σὺ εἶ, κέλευσόν με πρὸς σὲ ἐλθεῖν ἐπὶ τὰ ὕδατα· ὁ δὲ εἶπεν, Ἐλθέ. καὶ καταβάς ἀπὸ τοῦ πλοίου ὁ Πέτρος περιεπάτησεν ἐπὶ τὰ ὕδατα ἐλθεῖν πρὸς τὸν Ἰησοῦν. βλέπων δὲ τὸν ἄνεμον ἰσχυρὸν ἐφοβήθη, καὶ ἀρξάμενος καταποντίζεσθαι ἔκραξε λέγων· Κύριε, σῶσόν με. εὐθέως δὲ ὁ Ἰησοῦς ἐκτείνας τὴν χεῖρα ἐπελάβετο αὐτοῦ καὶ λέγει αὐτῷ· Ὀλιγόπιστε! εἰς τί ἐδίστασας; καὶ ἐμβάντων αὐτῶν εἰς τὸ πλοῖον ἐκόπασεν ὁ ἄνεμος. οἱ δὲ ἐν τῷ πλοίῳ ἐλθόντες προσεκύνησαν αὐτῷ λέγοντες· Ἀληθῶς Θεοῦ υἱὸς εἶ. Καὶ διαπεράσαντες ἦλθον εἰς τὴν γῆν Γεννησαρέτ.

At that time, Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up into the hills by himself to pray. When evening came, he was there alone, but the boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night he came to them, walking on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately he spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered him, "Lord, if it is you, bid me come to you on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me." Jesus immediately reached out his hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they entered the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God." And when they had crossed over, they came to land at Gennesaret.

