



ΙΕΡΟΣ ΝΑΟΣ ΑΓΙΟΥ ΔΗΜΗΤΡΙΟΥ  
**Saint Demetrios**  
GREEK ORTHODOX CHURCH + UPPER DARBY, PA



METROPOLIS OF  
NEW JERSEY

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9 ΙΟΥΝΙΟΥ · JUNE 2019

ΤΩΝ ΑΓΙΩΝ ΠΑΤΕΡΩΝ ΤΗΣ Α΄ ΟΙΚΟΜΕΝΙΚΗΣ ΣΥΝΟΔΟΥ

SUNDAY OF THE HOLY FATHERS OF THE FIRST ECUMENICAL COUNCIL

ΚΥΡΙΛΛΟΥ ΠΑΤΡΙΑΡΧΟΥ ΑΛΕΞΑΝΔΡΕΙΑΣ · CYRIL, PATRIARCH OF ALEXANDRIA

ΜΝΗΜΟΣΥΝΟΝ · MEMORIAL

Κυριακή Γλύπτη · Kyriaki Glyptis (40 ημέρες)

Κωνσταντῖνος Ἀθανασιάδης · Konstantinos Athanas (40 ημέρες)

ΠΡΟΓΡΑΜΜΑ ΑΚΟΛΟΥΘΙΩΝ · SCHEDULE OF SERVICES

ΨΥΧΟΣΑΒΒΑΤΟΝ · SATURDAY OF SOULS

Σάββατον, 15 Ἰουνίου  
Saturday, 15 June

Ὅρθρος 9.00 π.μ. · Θεία Λειτουργία 10.00 π.μ.  
Orthros 9.00 a.m. · Divine Liturgy 10.00 a.m.

ΚΥΡΙΑΚΗ ΤΗΣ ΑΓΙΑΣ ΠΕΝΤΗΚΟΣΤΗΣ · PENTECOST SUNDAY

Κυριακή, 16 Ἰουνίου  
Sunday, 16 June

Ὅρθρος 8.45 π.μ. · Θεία Λειτουργία 10.00 π.μ.  
Orthros 8.45 a.m. · Divine Liturgy 10.00 a.m.

**AHEPA CHAPTER 445 "THERMOPYLAE" SCHOLARSHIPS**

AHEPA Chapter 445 is accepting applications for its 2019 Scholarships. For information, visit [www.AHEPA-445.org](http://www.AHEPA-445.org), or contact Scholarship Chairman Michael Vousdoukas ([sidirokast@aol.com](mailto:sidirokast@aol.com)). Application Deadline June 30.

# THE ANTIPHONS OF THE ASCENSION

ΑΝΤΙΦΩΝΟΝ Γ΄. ΗΧΟΣ Δ΄

Στίχ. α΄. Ἀκούσατε ταῦτα, πάντα τὰ ἔθνη, ἐνωτίσασθε πάντες οἱ κατοικοῦντες τὴν οἰκουμένην.

Ἀνελήφθης ἐν δόξῃ, Χριστὲ ὁ Θεὸς ἡμῶν, χαροποιήσας τοὺς Μαθητάς, τῇ ἐπαγγελίᾳ τοῦ ἁγίου Πνεύματος· βεβαιωθέντων αὐτῶν διὰ τῆς εὐλογίας, ὅτι σὺ εἶ ὁ Υἱὸς τοῦ Θεοῦ, ὁ λυτρωτὴς τοῦ κόσμου.

Στίχ. β΄. Τὸ στόμα μου λαλήσει σοφίαν καὶ ἡ μελέτη τῆς καρδίας μου σύνεσιν.

Ἀνελήφθης ἐν δόξῃ, Χριστὲ ὁ Θεὸς ἡμῶν...

Στίχ. γ΄. Κλινῶ εἰς παραβολὴν τὸ οὖς μου, ἀνοιξῶ ἐν ψαλτηρίῳ τὸ πρόβλημά μου.

Ἀνελήφθης ἐν δόξῃ, Χριστὲ ὁ Θεὸς ἡμῶν...

ΕΙΣΟΔΙΚΟΝ. ΗΧΟΣ Β΄

Ἀνέβη ὁ Θεὸς ἐν ἀλαλαγμῷ, Κύριος ἐν φωνῇ σάλπιγγος. Σῶσον ἡμᾶς, Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς Σοι, Ἀλληλούϊα.

ΑΝΑΣΤΑΣΙΜΟΝ. ΠΛΑΓΙΟΣ Β΄

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνήμα σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄϊδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ των νεκρῶν, Κύριε δόξα σοι.

ANTIPHON III. MODE IV

Vs. 1: Hear this, all you nations; give ear, all you inhabitants of the world.

You ascended in glory, O Christ our God, after You filled the Disciples with joy, by promising to send them the Holy Spirit, and You blessed them and established their faith, that You are the Son of God, the Redeemer of the world.

Vs. 2: My mouth shall speak wisdom, and the meditation of my heart, understanding.

You ascended in glory, O Christ our God...

Vs. 3: I will incline my ear to a parable; I will open my riddle on the harp.

You ascended in glory, O Christ our God...

ENTRANCE HYMN. MODE II

God ascended with a shout, the Lord with the sound of the trumpet. Save us, O Son of God, who arose from the dead, as we sing to You, Alleluia.

RESURRECTIONAL. PLAGAL II

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

ΤΗΣ ΕΟΡΤΗΣ. ΗΧΟΣ Δ΄

Ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν...

ΤΩΝ ΠΑΤΕΡΩΝ. ΠΛΑΓΙΟΣ Δ΄

Ὑπερδεδοξασμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὀδηγήσας· πολυεύσπλαγχνε, δόξα σοι.

ΤΟΥ ΝΑΟΥ, ΗΧΟΣ Γ΄

Μέγαν εὗρατο ἐν τοῖς κινδύνοις σὲ ὑπέρμαχον ἢ οἰκουμένη, Ἄθλοφόρε, τὰ ἔθνη τροπούμενον. Ὡς οὖν Λυαίου καθεῖλες τὴν ἔπαρσιν, ἐν τῷ σταδίῳ θαρρύνας τὸν Νέστορα, οὕτως Ἅγιε, Μεγαλομάρτυς Δημήτριε, Χριστὸν τὸν Θεὸν ἰκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

ΚΟΝΤΑΚΙΟΝ ΤΗΣ ΑΝΑΛΗΨΕΩΣ. ΠΛΑΓΙΟΣ Β΄

Τὴν ὑπὲρ ἡμῶν πληρώσας οἰκονομίαν, καὶ τὰ ἐπὶ γῆς ἐνώσας τοῖς οὐρανίοις, ἀνελήφθης ἐν δόξῃ, Χριστέ ὁ Θεὸς ἡμῶν, οὐδαμόθεν χωριζόμενος, ἀλλὰ μένων ἀδιάστατος, καὶ βοῶν τοῖς ἀγαπῶσί σε· Ἐγὼ εἶμι μεθ' ὑμῶν, καὶ οὐδεὶς καθ' ὑμῶν.

FOR THE ASCENSION. MODE IV

You ascended in glory, O Christ our God...

FOR THE HOLY FATHERS. PLAGAL IV

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

FOR OUR PATRON SAINT, MODE III

All the world has you, its mighty champion, fortifying us in times of danger, and defeating our foes, O Victorious One. So, as you humbled Lyaios's arrogance by giving courage to Nestor in the stadium, thus, O holy Great Martyr Demetrios, to Christ our God pray fervently, beseeching Him to grant us His great mercy.

ΚΟΝΤΑΚΙΟΝ ΤΗΣ ΑΣΚΕΝΣΙΩΝ; ΠΛΑΓΑΛ II

When You had fulfilled the dispensation for our sake, and united things on earth with the things in heaven, You were taken up thither in glory, O Christ our God, going not away from any place, but continuing inseparable, and to them that love You crying out: "I am with you, and there is, therefore, none against you."

### READING FROM THE APOSTLE: ACTS OF THE APOSTLES 20.16-18, 28-36

Προκείμενον· Εὐλογητὸς εἶ Κύριε ὁ Θεὸς τῶν πατέρων ἡμῶν.

Στίχος· Σῶσον με, Κύριε, ὅτι ἐκλέλοιπεν ὁσῖος.

Ἐν ταῖς ἡμέραις ἐκείναις, ἔκρινεν ὁ Παῦλος παραπλεῦσαι τὴν Ἔφεσον, ὅπως μὴ γένηται αὐτῷ χρονοτριβῆσαι ἐν τῇ Ἀσίᾳ· ἔσπευδε γάρ, εἰ δυνατόν ἦν αὐτῷ, τὴν ἡμέραν τῆς πεντηκοστῆς γενέσθαι εἰς Ἱεροσόλυμα Ἀπὸ δὲ τῆς Μιλήτου πέμψας εἰς

Ἐφεσον μετεκαλέσατο τοὺς πρεσβυτέρους τῆς ἐκκλησίας. Ὡς δὲ παρεγένοντο πρὸς αὐτόν, εἶπεν αὐτοῖς· Προσέχετε οὖν ἑαυτοῖς καὶ παντὶ τῷ ποιμνίῳ ἐν ᾧ ὑμᾶς τὸ Πνεῦμα τὸ Ἅγιον ἔθετο ἐπισκόπους, ποιμαίνειν τὴν ἐκκλησίαν τοῦ Κυρίου καὶ Θεοῦ, ἣν περιεποιήσατο διὰ τοῦ ἰδίου αἵματος. Ἐγὼ γὰρ οἶδα τοῦτο, ὅτι εἰσελεύσονται μετὰ τὴν ἄφιξίν μου λύκοι βαρεῖς εἰς ὑμᾶς μὴ φειδόμενοι τοῦ ποιμνίου· καὶ ἐξ ὑμῶν αὐτῶν ἀναστήσονται ἄνδρες λαλοῦντες διεστραμμένα τοῦ ἀποσπᾶν τοὺς μαθητὰς ὀπίσω αὐτῶν. Διὸ γρηγορεῖτε, μνημονεύοντες ὅτι τριετίαν νύκτα καὶ ἡμέραν οὐκ ἔπαυσάμην μετὰ δακρύων νοουθετῶν ἕνα ἕκαστον. Καὶ τὰ νῦν παρατίθεμαι ὑμᾶς, ἀδελφοί, τῷ Θεῷ καὶ τῷ λόγῳ τῆς χάριτος αὐτοῦ τῷ δυναμένῳ ἐποικοδομῆσαι καὶ δοῦναι ὑμῖν κληρονομίαν ἐν τοῖς ἡγιασμένοις πᾶσιν. Ἀργυρίου ἢ χρυσίου ἢ ἱματισμοῦ οὐδενὸς ἐπεθύμησα· αὐτοὶ γινώσκετε ὅτι ταῖς χρείαις μου καὶ τοῖς οὔσι μετ' ἐμοῦ ὑπηρέτησαν αἱ χεῖρες αὐταὶ πάντα ὑπέδειξα ὑμῖν ὅτι οὕτω κοπιῶντας δεῖ ἀντιλαμβάνεσθαι τῶν ἀσθενούντων, μνημονεύειν τε τῶν λόγων τοῦ Κυρίου Ἰησοῦ, ὅτι αὐτὸς εἶπε· μακάριόν ἐστι μᾶλλον δίδοναι ἢ λαμβάνειν. Καὶ ταῦτα εἰπὼν, θεῖς τὰ γόνατα αὐτοῦ σὺν πᾶσιν αὐτοῖς προσηύξατο.

*Prokeimenon: Blessed are You, O Lord God of our fathers.*

*Verse: Save me, O Lord, for the holy man has ceased.*

In those days, Paul had decided to sail past Ephesos, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletos he sent to Ephesos and called to him the elders of the church. And when they came to him, he said to them: "Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God which he obtained with the blood of his own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore be alert, remembering that for three years I did not cease night or day to admonish every one with tears. And now I commend you to God and to the word of his grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how he said, 'it is more blessed to give than to receive.'" And when he had spoken thus, he knelt down and prayed with them all.

### READING FROM THE GOSPEL: JOHN 17.1-13

Τῷ καιρῷ ἐκείνῳ ἐπάρας ὁ Ἰησοῦς τοὺς ὀφθαλμοὺς αὐτοῦ εἰς τὸν οὐρανὸν, εἶπε· Πάτερ, ἐλήλυθεν ἡ ὥρα· δόξασόν σου τὸν υἱόν, ἵνα καὶ ὁ υἱὸς σου δοξάσῃ σέ, καθὼς ἔδωκας αὐτῷ ἐξουσίαν πάσης σαρκός, ἵνα πᾶν ὃ δέδωκας αὐτῷ

δώσῃ αὐτοῖς ζωὴν αἰώνιον. αὕτη δὲ ἐστὶν ἡ αἰώνιος ζωὴ, ἵνα γινώσκωσιν σὲ τὸν μόνον ἀληθινὸν Θεὸν καὶ ὃν ἀπέστειλας Ἰησοῦν Χριστόν. ἐγὼ σε ἐδόξασα ἐπὶ τῆς γῆς, τὸ ἔργον ἐτελειώσα ὃ δέδωκάς μοι ἵνα ποιήσω· καὶ νῦν δόξασόν με σύ, πάτερ, παρὰ σεαυτῷ τῇ δόξῃ ἣ εἶχον πρὸ τοῦ τὸν κόσμον εἶναι παρὰ σοί. Ἐφανέρωσά σου τὸ ὄνομα τοῖς ἀνθρώποις οὓς δέδωκάς μοι ἐκ τοῦ κόσμου. σοὶ ἦσαν καὶ ἐμοὶ αὐτοὺς δέδωκας, καὶ τὸν λόγον σου τετηρήκασι. νῦν ἔγνωκαν ὅτι πάντα ὅσα δέδωκάς μοι παρὰ σοῦ εἰσιν· ὅτι τὰ ῥήματα ἃ ἔδωκάς μοι δέδωκα αὐτοῖς, καὶ αὐτοὶ ἔλαβον καὶ ἔγνωσαν ἀληθῶς ὅτι παρὰ σοῦ ἐξῆλθον, καὶ ἐπίστευσαν ὅτι σύ με ἀπέστειλας. ἐγὼ περὶ αὐτῶν ἐρωτῶ· οὐ περὶ τοῦ κόσμου ἐρωτῶ ἀλλὰ περὶ ὧν δέδωκάς μοι, ὅτι σοὶ εἰσι, καὶ τὰ ἐμὰ πάντα σὰ ἐστὶν καὶ τὰ σὰ ἐμὰ, καὶ δεδόξασμαι ἐν αὐτοῖς. καὶ οὐκέτι εἰμὶ ἐν τῷ κόσμῳ, καὶ αὐτοὶ ἐν τῷ κόσμῳ εἰσὶ, καὶ ἐγὼ πρὸς σὲ ἔρχομαι. Πάτερ ἅγιε, τήρησον αὐτοὺς ἐν τῷ ὀνόματί σου οὓς δέδωκάς μοι, ἵνα ὧσιν ἐν καθὼς ἡμεῖς. ὅτε ἤμην μετ' αὐτῶν ἐν τῷ κόσμῳ, ἐγὼ ἐτήρουν αὐτοὺς ἐν τῷ ὀνόματί σου οὓς δέδωκάς μοι ἐφύλαξα, καὶ οὐδεὶς ἐξ αὐτῶν ἀπώλετο εἰ μὴ ὁ υἱὸς τῆς ἀπωλείας, ἵνα ἡ γραφὴ πληρωθῇ. νῦν δὲ πρὸς σὲ ἔρχομαι, καὶ ταῦτα λαλῶ ἐν τῷ κόσμῳ ἵνα ἔχωσι τὴν χαρὰν τὴν ἐμὴν πεπληρωμένην ἐν αὐτοῖς.

At that time, Jesus lifted up his eyes to heaven and said, “Father, the hour has come; glorify your Son that the Son may glorify you, since you have given him power over all flesh, to give eternal life to all whom you have given him. And this is eternal life, that they know you the only true God, and Jesus Christ whom you have sent. I glorified you on earth, having accomplished the work which you gave me to do; and now, Father, you glorify me in your own presence with the glory which I had with you before the world was made. I have manifested your name to the men whom you gave me out of the world; yours they were, and you gave them to me, and they have kept your word. Now they know that everything that you have given me is from you; for I have given them the words which you gave me, and they have received them and know in truth that I came from you; and they have believed that you did send me. I am praying for them; I am not praying for the world but for those whom you have given me, for they are mine; all mine are yours, and yours are mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to you. Holy Father, keep them in your name, which you have given me, that they may be one, even as we are one. While I was with them, I kept them in your name, which you have given me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. But now I am coming to you; and these things I speak in the world, that they may have my joy fulfilled in themselves.”